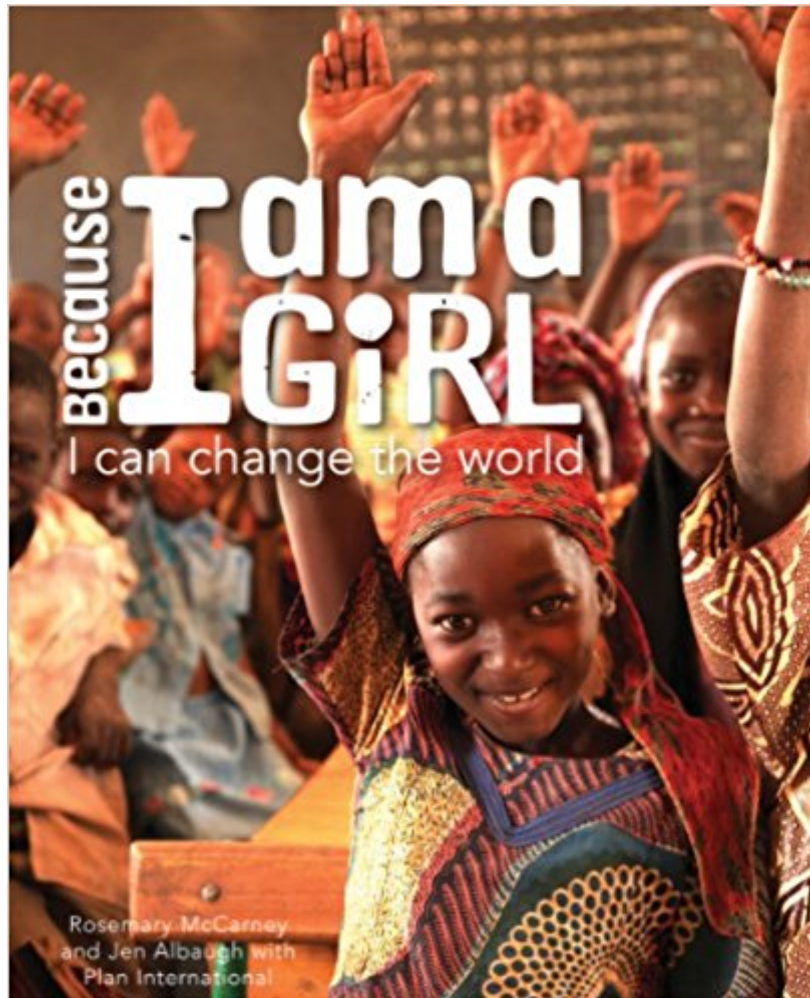




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Because I Am A Girl: I Can Change The World



Synopsis

From the author of Every Day is Malala Day. Because I am a Girl is a global initiative from Plan International to end gender inequality, promote girls' rights and lift millions of girls out of poverty. Plan helped the UN declare October 11th the "International Day of the Girl" to recognize and advocate for girls' rights globally. This book illustrates the Because I am Girl call to change by telling stories of girls around the world. They begin by telling us "Because I am a girl, I eat if there is food left over when everyone is done" and "I am the Poorest of the Poor." But it ends with the inspiring section "Because I am a Girl, I can change the world." Each part begins with one real girl's story, illustrated with Plan's amazing photographs.

Book Information

Paperback: 72 pages

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Average Customer Review: 4.8 out of 5 stars 6 customer reviews

Best Sellers Rank: #211,127 in Books (See Top 100 in Books) #16 in Books > Teens > Social Issues > Homelessness & Poverty #37 in Books > Teens > Social Issues > Prejudice

Customer Reviews

Gr 6-10 • Most young people are familiar with Malala Yousafzai, advocate for girls' education and Nobel Peace Prize winner. McCarney, founder of Plan International's Because I Am a Girl movement, introduces other girls in developing nations who are striving to overcome the many barriers that prevent them from reaching their full potential, such as poverty, hunger, gender discrimination, slavery, forced marriage, unsafe communities, and violence. The book's framework is based around the organization's empowering eight-point manifesto (which includes statements such as "Because I am a girl, I will share what I know"). The book lets the girls describe their often heartbreaking stories in their own words (Anupa, from Nepal, relates how she was sold into domestic slavery) but emphasizes how, with education and training, young people have become advocates for girls' rights within their communities, speaking to the United Nations and similar

organizations to continue raising awareness. The authors underscore that educating girls also benefits their families, communities, and countries, leading to decreased levels of poverty, better health, and stronger communities. Interspersed with the brief profiles of the girls is accessibly presented material on the issues they face. The interviews, personal stories, and photographs lend immediacy to the text. An uplifting book that's as inspiring as it is informative. —Lisa Crandall, formerly at the Capital Area District Library, Holt, MI

"This is more than a book it is a global initiative designed to advocate for the rights of girls...In spite of stories of hardship, the tone as well as the plentiful photos of smiling girls remains positive and hopeful, emphasizing action against injustice and inequality. This encourages everyone to be a voice for young people who do not have access to education, social mobility, and equal rights." (Booklist 2014-10-12) --Booklist "The juxtaposition of personal accounts with facts and statistics is an effective tool, not only because readers can see that the stories, though written by individuals, are actually the stories of countless other girls, but also that much is being done to alleviate the problems, dangers and barriers that girls and young women face...Vibrant, full-colour photographs depict the girls in their home environments and communities, further adding to the reader's understanding. At times heartbreaking, but, ultimately, hopeful, this book is well suited to middle school readers." (CM Magazine 2014-12-19) --CM Magazine

This is a BEAUTIFUL BOOK which contains stories of inspiration & hope. I'm going to teach in Africa (adults), yet this "children's book" will inspire all ages!!

Very interesting. It paints girls in a good light.

Because I am a Girl Manifesto
Because I am a girl I watch my brothers go to school while I stay home.
Because I am a girl I eat if there's food left over when everyone is done.
Because I am a girl I am the poorest of the poor. AND YET
Because I am a girl I will share what I know.
Because I am a girl I am the heart of my community.
Because I am a girl I will pull my family out of poverty if you gave me the chance.
Because I am a girl I will take what you invest in me and uplift everyone around me.
Because I am a girl I can change the world.###An initiative of Plan International, Because I am a Girl organizes and funds projects that create better lives for girls, young women, and their communities around the

world. Girls in different environments have different needs, so these projects cover everything from clean water and nutrition to education and microfinance. Some of the current projects include improving accessibility to primary and secondary education in Burkina Faso and Ethiopia; combating child labor in India; and improving prenatal health care in Indonesia. **BECAUSE I AM A GIRL: I CAN CHANGE THE WORLD** introduces children (grades six through ten) to the myriad issues facing girls and young women around the globe; everything from poverty, clean water, access to education, natural disasters, human trafficking (including sexual slavery), child marriage and rape, family planning, and gender discrimination are addressed but gently, in a way appropriate for a younger audience. McCarney (who also penned **DEAR MALALA, WE STAND WITH YOU**) and Albaugh use the *Because I am a Girl Manifesto* as a jumping off point for their discussion; each declaration is brought to life with a profile of a young woman who has persevered in the face of overwhelming odds. The authors allow the women to speak for themselves, imparting a feeling of intimacy to the project. The stories are at once heartbreaking and uplifting; the many facts and figures sprinkled throughout, depressingly bleak yet essential to elevating the conversation. The continued emphasis on improving the lot of girls and women for their families and communities sake niggled a bit aren't girls deserving of basic human rights regardless? even as I understood the need for it: incentivizing the issue for those who might not otherwise care. Nevertheless, **BECAUSE I AM A GIRL** would be a valuable addition to middle school libraries and classrooms. ** Full disclosure: I received a free electronic ARC for review through NetGalley. **

Much like *For the Right to Learn: Malala's Story*, *Because I am a Girl* stopped me in my tracks. Some books, even those meant for children, aren't meant to be read lightly. This is another one of those. The stories contained within this book are staggeringly powerful. It's easy to coast from trouble to trouble in your life, thinking you've got it so bad... and then you read the stories of these girls. Then you remember Malala. You realize how good you have it, and how horrible it is that not everyone has these basic rights. More than anything, it's the girls' tones of hope that make this so powerful and heartbreaking at the same time. These young women have been through an unimaginable amount, and what do they want? They don't want to sit and feel sorry for themselves. They want to learn. They want to help others. That is, quite frankly, amazing. This book brought tears to my eyes on 3 separate occasions, and made my heart clench from beginning to end. The statistics filled me with horror even as the stories taught me hope. I highly recommend it, and wish

we could put copies in everyone's hands! Fantastic job by the collaborators. Disclaimer: I received an ARC from Netgalley for review consideration.

Wow, this is an amazing book. The Because I Am A Girl initiative started by Plan International, is all about girls making a difference in the world. The book is made up of the stories of girls from around the world dealing with issues of child slavery, orphans who get the leftovers, families with no money to put their girls in school, child marriages, poor healthcare etc. In each story, the girl triumphs. There are many facts about how education will solve almost all the problems in poor countries and that we need to empower the girls in these countries. Different programs are highlighted throughout. This is an amazing book that could be used in so many ways such as social justice programs. I received a copy of this book from Netgalley in exchange for an honest review.

I recently got this book at a United Methodist Women's district meeting and read it in 1 day. It was such an inspiring book and should be required reading for all girls. It was written well and the photos were wonderful. Even my 7 year old niece liked the book and told me that she wished all the girls in the book were treated nicer and she was going to pray for them.

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